

Foster Parent Resource Library- Central Okanagan 2010
Okanagan Foster Parents Association-
To request any of these resources call Joan at 868-9285
This list is also available at www.okfosterparents.ca/

Topic	Format	Title	Author	Discription
Aboriginal	cookbook	ALL MY RELATIONS	KFPA	
Aboriginal	booklet	CLAIRE AND HER GRANDFATHER	Indian and Northern Affair Canada	
aboriginal	book	MY HEART SOARS	Chief Dan George	
aboriginal	book	RECLAIMING YOUTH AT RISK	Brendtro -Brokenleg	
Abuse	book	GHOSTS FROM THE NURSERY	Robin Karr-Morse	
Abuse	booklet	INTERVENTION AND PREVENTION OF SEXUAL ABUSE	Ashcroft Comm. Res.	
Abuse	book	REACH FOR THE RAINBOW	Lynne Finney	Advanced healing for survivors of sexual abuse.
Abuse	booklet	SECRET of the SILVER HORSE, The		helping children deal with good/bad secrets
ADD, OCD	book	TEACHING THE TIGER		
Addictions	book	BEYOND THE YELLOW BRICK ROAD	Bob Meehan	
ADHD	book	IS YOUR CHILD HYPERACTIVE, IMPULSIVE, DISTRACTED?	Garber & Garber	
ADHD	book	MY BRAIN NEEDS GLASSES- Living with Hyperactivity		
ADHD	book	PARENT'S GUIDE TO ATTENTION DEFICIT DISORDER	Lisa J. Bain	
ADHD	book	SCATTERED MINDS	Gabor Mate',	Sensible and deeply moving book
ADHD	book	YOU MEAN I'M NOT LAZY, STUPID OR CRAZY?!-	Kate Kelly and Peggy Ramundo	
Adoption		CONNECTED CHILD, The	Purvis and Cross	2 copies
Adoption	book	PARENTING THE HURT CHILD	Keck and Kupecky	
Attachment	book	BUILDING THE BONDS OF ATTACHMENT		2 copies
Attachment	book	FOSTERING CHANGES	Richard J Delaney	
Attachment	book	HIGH RISK, CHILDREN WITHOUT A CONSCIENCE	Magid and McKelvey	
Attachment D	book	ATTACHMENT, TRAUMA and HEALING	Levy	
Attachment D	book	FOSTERING CHANGE, TEACHING ATTACHMENT		
Autism/ Asperger	book	PARENTS GUIDE TO AUTISM	Hart	
Autism/ Asperger	book	RAISING A CHILD WITH AUTISM		
Behavior	book	1-2-3 MAGIC	T. Phelan	2 copies
Behavior	book	62 WAYS TO CREATE CHANGE	L. Tobin	flip book
Behavior	book	CHILDREN- THE CHALLENGE	Rudolf Dreickers	
Behaviors	book	DON'T BE AFRAID TO DISCIPLINE	Dr. Ruth Peters	

Behaviors	book	HELPING THE AGGRESSIVE CHILD	Alan Train
Behaviors	book	HOW TO DEAL WITH YOUR ACTING UP TEENAGER	Parents Together
Behaviors	book	IT'S SO MUCH WORK TO BE YOUR FRIEND	Richard Lavoie
Behaviors	book	OMNIPOTENT CHILD, THE	Dr. Thomas P excellent book
Behaviors	book	PARENTING THE STRONG WILLED CHILD	Forehand and Long
Behaviors	book	PARENTS, TEENS and BOUNDARIES	Jane Bluestein, PhD
Behaviors	book	RAISING YOUR SPIRITED CHILD	Mary Sheedy Book and workbook
Behaviors	book	TAMING THE DRAGON IN YOUR CHILD	Meg Eastman
Behaviors	book	WORKING WITH PEOPLE WITH CHALLENGING BEHA	Nathan ory A guide for eduactors and caregivers
Bullying	Book	AND WORDS HURT FOREVER	Garbarino an(3 copies
Bullying	book	BULLY, THE BULLIED AND THE BY-STANDER-	Barbara Coloroso
Bullying	book	YOUR CHILD, BULLY OR VICTIM	Peter Sheras 6 copies
Drugs		UPPERS' DOWNERS-ALL AROUNDERS	
FASD	book	FAS: A GUIDE FOR DAILY LIVING	available at http://www.mcf.gov.bc.ca/publications/ecd/fas_guide1.p
FASD	book	BEST PRACTICES- Fetal Alcohol Syndrome	
FASD	book	CHALLENGES AND OPPORTUNITIES	Vancouver Sc A handbook for teachers
FASD	book	F.A.S. A GUIDE TO DAILY LIVING	MCFD also online
FASD	book	FANTASTIC ANTOINE GROWS UP	Judith Kleinfel adolescents and adults with FASD
FASD	book	FANTASTIC ANTOINE SUCCEEDS!-	
FASD	book	FANTASTIC ANTOINE SUCCEEDS!-	Judith Kleinfeld
FASD	book	FAS: GUIDE FOR FAMILIES	Streissguth
FASD	book	FASD- TRYING DIFFERENTLY RATHER THAN HARDE	Diana Malbin 2 copies
FASD	book	FETAL ALCOHOL SYNDROME- The Real Brain Drain-	Paul Szabo
FASD	book	LIVING WITH FASD	SNAP CANADA
FASD	book	TRYING DIFFERENTLY, RATHER THAN HARDER	Malbin
Foster Care	book	BEYOND THE FOSTER CARE SYSTEM-The future for t	Krebs & Pitcoff
Foster Care	book	FINDING KATIE-Diary of a Teen in Foster Care	Beatrice Sparks -editor
Foster Care	book	FOSTERING CHANGES	Richard J Del attachment disorder
Foster Care	book	FOSTERING TO INDEPENDENCE	Debbie Verkerk
Foster Care	book	LEAST DETRIMENTAL ALTERNATIVE	Paul D. Steinhauer
Foster Care	book	MAINTAINING FAMILY TIES: Inclusive Practise in Foste	Sally E. Palmer
Foster Care	book	MY FOSTER FAMILY- for children entering foster care	Jennifer Levine
Foster Care	book	ORIGINAL FOSTER CARE SURVIVAL GUIDE, The	Paul E Knowlton
Foster Care	book	PARENTING THE HURT CHILD	Keck and Kupecky
Foster Care	book	PRACTICAL TOOLS FOR FOSTER PARENTS	Foster Care Solutions
Foster Care	book	THINGS I WANT MOST... A FAMILY, A FISHING ROD, .	Richard Miniter

Foster care book	RESPONDING TO CHILDREN'S SEXUAL BEHAVIOR	Mental Health A Handbook for Foster Parents
General book	COPING WITH DIFFICULT PEOPLE	Robert M. Bramson
Grief / loss book	HELPING CHILDREN COPE WITH GRIEF	A. Wolfelt
Grief/ Loss book	TALKING WITH CHILDREN ABOUT LOSS	Maria Trozzi
Grief/ Loss book	THE GRIEVING CHILD	Helen Fitzgerald
Mental Health book	CONQUERING DEPRESSION	Dr. R. Joffe, Dr. A. Levitt
Mental Health book	DEFIANT CHILD: A PARENTS GUIDE TO ODD	Dr Douglas R Oppostional Defiant Disorder
Mental health book	FIGHTING INVISIBLE TIGERS	Earl Hipp A stress management guide for teenagers
Mental Health book	I HATE YOU, DON'T LEAVE ME	Jerold Kreism on Borderline Personality Disorder
Mental Health book	MORE THAN MOODY	Harold S. Koç Adolescent Depression
Mental Health book	STOP WALKING ON EGG SHELLS- BORDERLINE PEF	Mason & Kreç an excellent highly recommended book on BPD!
Mental Health book	STRAIGHT TALK ABOUT PSYCHIATRIC MEDICATIONS FOR KIDS	
Mental Health book	SUICIDE INTERVENTION HANDBOOK	Living Works
Mental Health book	TEENAGERS and STRESS	Dr Charmaine 2 copies
Mental Health book	THE BOY WHO WAS RAISED AS A DOG	Bruce D. Perr What traumatised Children can teach us
Mental health book	WHEN GIRLS FEEL FAT	Friedman
Mental Health book	WHEN ONCE IS NOT ENOUGH	OCD
Mental Health book	WHEN YOUR CHILD HAS AN EATING DISORDER	Abigail H. Natenshon
Parenting book	A to Z of CHILD DEVELOPMENT	Dr. Richard Woolfson
Parenting book	BABIES BEST CHANCE	
Parenting book	BULLY, THE BULLIED AND THE BY-STANDER-	Barbara Coloroso
Parenting book	CHILD OF WOE	Maury Blair
Parenting book	CHILDHOOD STRESS	Barbara Kuczen
Parenting book	CHILDREN ARE FROM HEAVEN	John Gray, PhD
Parenting book	CHILD'S JOURNEY THROUGH PLACEMENT	Vera Fahlberg MD
Parenting book	DISCIPLINE- 101 Alternatives to Spanking	Dr. Alvin Price
Parenting booklet	DOLLARS and SENSE -a guide to money	
Parenting book	Dr KOOPS SELF CARE ADVISOR	Dr Koop- US Medical
Parenting book	EXPLOSIVE CHILD, The	Ross W. Greç 2 copies
Parenting book	FAMILY TIES THAT BIND	Dr. Ron Richardson
Parenting book	FIRST AID-THE VITAL LINK-	Canadian Red Cross
Parenting book	HELPING THE CHILD WHO DOESN'T FIT IN	Nowicki and Duke
Parenting book	HOLD ONTO YOUR KIDS	Gordon Neufeld/ Gabor Mate'
Parenting book	HOW TO BEHAVE SO YOUR CHILDREN WILL TOO.	Sal Severe, PhD
Parenting book	HOW TO TALK SO KID"S WILL LISTEN & LISTEN SO K	Farber & Mazlish
Parenting book	HOW TO TALK TO YOUR KID'S ABOUT SCHOOL VIOL	Ken Druck

Parenting	book	HURRIED CHILD, The	David Elkind
Parenting	book	JUST BECAUSE IT'S NOT WRONG, DOESN'T MEAN IT	Barbara Colorosa
Parenting	book	LIVING WITH A TEENAGER	Suzie Hayman
Parenting	book	LIVING WITH YOUR GRANDCHILDREN	
Parenting	book	PARENTING THROUGH CRISIS	Barbara Coloroso
Parenting	book	PARENTING WIT AND WISDOM	Barbara Coloroso
Parenting	book	PARENTING WITH LOVE AND LOGIC	By Cline and Fay
Parenting	book	PARENTS, TEENS and BOUNDARIES	Jane Bluestein, PhD
Parenting	book	POSITIVE DISCIPLINE	Jane Nelson, EdD
Parenting	book	RAISING CHILDREN WHO REFUSE TO BE RAISED	Dave Zeigler
Parenting	book	RAISING YOUR SPIRITED CHILD	Mary Sheedy Book and workbook
Parenting	book	SHELTER FROM THE STORM	Hilden and Tc Caring for a child with a life threatening illness
Parenting	book	SMARTER KIDS	Lawrence Greene
Parenting	book	TAMING THE DRAGON IN YOUR CHILD	Meg Eastman
Parenting	book	CHILDREN- THE CHALLENGE	Rudolf Dreickers
Parenting	book	CHILDREN WITH ANGER PROBLEMS	Tom Carr
Pelzer series	book	CHILD CALLED IT	Dave Pelzer 2 copies
Pelzer series	book	HELP YOURSELF	Dave Pelzer 2 copies
Pelzer series	book	HELP YOURSELF FOR TEENS	Dave Pelzer 2 copies
Pelzer series	book	LOST BOY, The	Dave Pelzer 2 copies
Pelzer series	book	MAN NAMED DAVE	Dave Pelzer 2 copies
Pelzer series	book	PRIVILEGE OF YOUTH, The	Dave Pelzer
Schizophrenia	book	SURVIVING SCHIZOPHRENIA	Torrey
Sexual Abus	book	SEXUALIZED CHILD IN FOSTER CARE	Sally Hoyle
Sexuality	book	ASKING ABOUT SEX AND GROWING UP	Joanna Cole
Sexuality	book	IT'S PERFECTLY NORMAL	Robin Harris growing up/ sexual health
Sexuality	book	RESPONDING TO CHILDREN'S SEXUAL BEHAVIOR	Mental Health A Handbook for Foster Parents
Special Neec	book	AUTISM SPECTRUM DISORDER-	Parent Resource Directory
Special Neec	book	BEHAVIORAL CONCERNS & AUTISTC SPECTRUM DI	John Clements
Special Needs	book	BOY Who Loved Windows	Patricia Stacey
Special Needs	book	CHANGED BY A CHILD	
Special Needs	book	CHICKEN SOUP FOR THE SOUL- Children with Special Ne	Canfield
Special Neec	book	CHICKEN SOUP FOR THE SOUL-children with special needs	
Special Needs	book	CHILD WITH SPECIAL NEEDS	Greenspan
Special Needs	book	CHILDREN WITH CEREBRAL PALSY	

Special Needs book	CHILDREN WITH TRAUMATIC BRAIN INJURY		
Special Neec book	ELIJAH'S CUP	Valerie Parad	High functioning autism
Special Needs book	I OPENERS- sexuality and children with developmental disabilities		
Special Neec book	JUST ANOTHER KID	Torey L. Hayden	
Special Needs book	KID'S WITH SPECIAL NEEDS	Getskow	2
Special Neec book	KID'S WITH SPECIAL NEEDS	Veronica Gett	Teacher's choice award
Special need book	LEARNING ABOUT SCHIZOPHRENIA- RAYS OF HOPE-		Schizophrenia Society of Canada
Special Neec book	MURPHY'S BOY	Torey L. Hayden	
Special Needs book	NOBODY'S PERFECT		
Special Neec book	PARENT'S GUIDE TO AUTISM	Charles A Hart	
Special Neec book	RAISING A CHILD WITH AUTISM	Shira Richman	
Special need book	SIGNING: HOW TO SPEAK WITH YOUR HANDS	Elaine Costello	
Special Needs book	SIGNING: HOW TO SPEAK WITH YOUR HANDS		2
Special need book	THE BOY WHO LOVED WINDOWS	Patricia Stacey	
Special Needs	THE PERSON WITHIN		Children with Disabilities
Special Neec book	TWITCH and SHOUT- Tourettes Syndrome	Lowell Handler	
Special Neec book	YOUR CHILD'S HEARING LOSS	Debbie Waldman	
Special Needs	YOUR CHILD'S HEARING LOSS	Waldman	
Substance Abuse	LIVING WITH PRENATAL DRUG EXPOSURE	SNAP CANADA	

VIDEOS AND DVD's

Aboriginal	DVD	FAFP Promo and Recruitment		
Aboriginal	DVD	SURVIVORS OF THE RED BRICK SCHOOL		2
Abuse	DVD	A LOVE THAT KILLS	NFB	relationship abuse
Abuse	DVD	COPING WITH VIOLENCE		
Addictions	DVD	DEATH by JIB		
Addictions	DVD	FIX- STORY OF AN ADDICTED CITY		Vancouver documentary- highly acclaimed
Addictions	DVD	NO QUICK FIX	NFB	children's descent into drugs and living on the streets
Addictions	DVD	THROUGH A BLUE LENS		Vancouver PD
Adoption	DVD	JOURNEY TO A FAMILY	Concurrent Planning	
Attachment	DVD	BONDING AND ATTACHMENT	Pat Buckley	
Attachment	DVD	RESPONDING TO ATTACHMENT	Tanya Helton	
Attachment	DVD	SEPARATION AND LOSS	Pat Buckley	
Attachment	DVD	SEPARATION AND LOSS ISSUES	Vera Fahlburg	

Attachment	DVD	STRATEGIC PARENTING	Pat Buckley	
Attachment	2 DVD's	TRANSITIONING- THE JOURNEY THAT LASTS A LIFETIME		2 disc set
Behaviors	DVD	1-2-3-MAGIC		Discipline with younger children - ages 2-12
Behaviors	DVD	FOSTER PARENT COLLEGE SERIES		
Behaviors	DVD	MORE 1-2-3 MAGIC		Independence and Self-Esteem
Behaviors	DVD	NO SUCH THING AS A BAD KID-CREATING AND MAINTAINING A STRENGTH BASE ENVIRONMENT		
Behaviors	DVD	NO SUCH THING AS A BAD KID-MANAGING NUMBER 1 FIRST		
Behaviors	DVD	NO SUCH THING AS A BAD KID-PREVENTING PROBLEM BEHAVIOR AND BUILDING SELF ESTEEM		
Behaviors	DVD	STRUGGLE FOR CONTROL	NFB	Behavior Disorders
Bullying	DVD	ESCAPE SCHOOL-ABDUCTION		
Bullying	DVD	ESCAPE SCHOOL-Violence at school		
FASD	DVD	CREATING SOLUTIONS: PREVENTING FAS		understanding womens substance abuse
FASD	DVD	FINDING HOPE: FASD		
FASD	DVD	SUPPORTING CHANGE: PREVENTING FASD	Healthy Choices	
FASD	CD powerp	FASD powerpoint presentation		
Foster Care	DVD	BECAUSE THEY ARE CHILDREN-new version		Introduction to Fostering 2
Foster Care	DVD	FOR THE SAKE OF OUR CHILDREN	MCFD	video guide to Child Protection
Foster Care	DVD	GLADYS's STORY		A birth mom's describes her struggle
Foster Care	CD	HOPE FILLED CHILD	Michael Trout	
Foster Care	DVD	MULTIPLE TRANSITIONS		a Child's view of the system
Foster care	DVD	SCHOOL, SUCCESS, AND FOSTER CARE	Canadian Foster Parents Association	
Foster Care	DVD	WARDS OF THE CROWN- surviving the child care system	NFB	
Gordon Neuf	DVD	BULLIES, THEIR MAKING AND UNMAKING	Gordon Neufeld	Leading expert on Parenting
Gordon Neuf	DVD	COMMON CHALLENGES	Gordon Neufeld	
Gordon Neuf	DVD	HELPING CHILDREN GROW UP	Gordon Neufeld	
Gordon Neuf	DVD	HOLD ONTO YOUR KIDS	Gordon Neufeld	
Gordon Neuf	DVD	MAKING SENSE OF ADOLESCENCE	Gordon Neufeld	
Gordon Neuf	DVD	POWER TO TEACH	Gordon Neufeld	
Gordon Neuf	DVD	RELATIONSHIP MATTERS	Gordon Neufeld	
Learning Dis	DVD	HOW DIFFICULT CAN THIS BE?	Richard Lavoie	Understanding Learning Disabilities
Learning Dis	DVD	IT'S SO MUCH WORK TO BE YOUR FRIEND	Richard Lavoie	
Learning Dis	DVD	LAST ONE PICKED...FIRST ONE PICKED ON	Richard Lavoie	Learning Disabilities and Social Skills
Learning Dis	DVD	LOOK WHAT YOU'VE DONE		Learning Disabilities and self-esteem
Learning Dis	DVD	MISUNDERSTOOD MINDS		copng with learning disabilities
Learning Dis	DVD	WHEN THE CHIPS ARE DOWN	Richard Lavoie	LD & Strategies for Improving Children's Behavior
Mental Healt	DVD	BEYOND BLUES- Child and Youth Depression		Mental Health Series. Knowledge Network
Mental Healt	DVD	FIGHTING THEIR FEARS- Child and Youth Anxiety		Knowledge Network Mental Health Series. Knowledge Network

Mental Health	DVD	MAP OF THE MINEFIELDS-	Knowledge N	Managing Adolescent Psychosis
Parenting	video	OUT-OF-SYNC CHILD, The		
Parenting	DVD	PARENTING THE EXPLOSIVE CHILD	Ross Green	Collaborative Problem Solving Approach
Parenting	DVD	PARENTING WITH HUMOR	Loretta LaRouche	
Parenting	DVD	UNFORGETTABLE PEN PAL		A story of prejudice and discrimination
Parenting	DVD	WINNING AT PARENTING-WITHOUT BEATING YOUR	Barbara Colorosa	
Parenting	DVD	YOU THE WEB AND SEX	SOLO- Vancc	understanding the risk
Parenting	Audio CD	BEYOND CONSEQUENCES:Toddlers	2 part CD	Behavior Management
Parenting	Audio CD	BEYOND CONSEQUENCES:Five to Nine	3 part CD	Behavior Management
Parenting	Audio CD	BEYOND CONSEQUENCES:Tweens	2 part CD	Behavior Management
Parenting	Audio CD	BEYOND CONSEQUENCES:Teenagers	2 part CD	Behavior Management
Parenting	Audio CD	BEYOND CONSEQUENCES: ASK THE EXPERT		Behavior Management
Parenting	Audio CD	BEYOND CONSEQUENCES: 10 IMPORTANT BACK TO SCHOOL TIPS		
Parenting	DVD	BEYOND CONSEQUENCES" LIVE	4 part DVD set	
Parenting	DVD	TRAUMATIZED CHILD, Understanding the	Margaret Blaustein	
Parenting	DVD	TRAUMATIZED CHILD, Parenting the	Margaret Blaustein	
Parenting	DVD	TRAUMATIZED CHILD, Teaching the	Margaret Blaustein	
Self Improve	DVD	ASSERTIVENESS SKILLS		
Self Improve	DVD	STRESS MANAGEMENT		
Special Need	DVD	ETHICS OF TOUCH- Part 1 & 2	Mary Harber	Appropriate boundaries
Tourettes	DVD	LIFE'S A TWITCH	National Film	- Understanding Tourettes Syndrome

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